

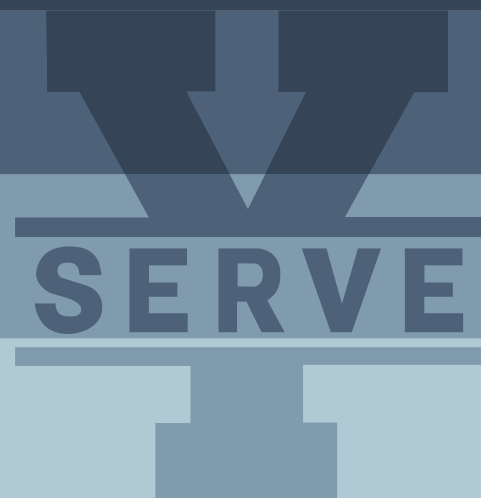


BYU
Center for Service
& Learning

Y-SERVE

2021-2022

Annual Report



KNOW the Good



SHARE the Good



BE the Good



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OUR MISSION AND VISION

Our mission is to provide every student with a meaningful service opportunity, following our Guiding Principles of Safety, Respect, Meaning, Revelation, Selflessness and Reflection.

We will instill in the heart and mind of every student a desire to give lifelong service.



Chris CRIPPEN

Director, Center for Service and Learning



Each April, I have the privilege of taking the Service Council on an incoming retreat for a few days in which time 15 strangers come together to form a united family of council members for the coming year. We typically hike and eat and laugh together, getting to know one another quite well. The highlight for me is to watch them work together to form a united vision for the year. Last summer, this amazing Council gathered in a crammed condo in Jackson, Wyoming and created what they termed “the greatest vision in the history of sight.” It was an acrostic form using the letters to spell the word S-E-R-V-E: Share Everywhere Reasonably Very Effectively.

Fortunately, they were pulling my leg. 😊 But they did come up with the following, which was much more impactful:

*“Know the Good,
Share the Good,
Be the Good.”*

Know the Good

Every BYU student will know what Y-Serve is.

For me, this was probably the most complete synopsis yet of what I hope Y-Serve brings to its stakeholders: the leaders, donors, community partners and volunteers. Our central efforts are

aimed at strengthening individuals to resolve to find the good within themselves and share it with others to the end that they are inspired and, consequently, draw closer to God. This principle is reflective of the wisdom imparted in Jesus’ Sermon on the Mount:

*“Let your light so shine before men, that they may see your good works, and glorify your Father which is in Heaven.”
- Matthew 5:16*

As our volunteers have gone forth to serve in multiple ways, they have inevitably drawn closer to their Savior personally and led others to Him collectively.

Share the Good

Provide and track 75 sustainable, applicable, meaningful programs.



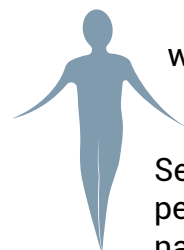
While we strive to collect data to accurately represent the service being done, we have tried to do so in the most convenient ways possible for our volunteers. Over the past two years, we’ve gradually been relying more upon the submission of service hours using the Y-Serve feature on the BYU app. It has been noted that not every volunteer has chosen to enter their service hours on the app and consequently, our statistics do measure lower amounts of



participants than in past years. We are actively seeking to find ways to portray the most accurate numbers possible. In 2022, progress has been made and we've been able to collect 100% of each programs' stats so far!

Be the Good

Log 75,000+ hours of service. This changed to 30,000 once we realized what we were up against with ongoing COVID-19 protocols.



Service has a way of naturally drawing people together, building lasting and natural human connections that promote the best in each other. As our student leaders have strived to provide training and leadership which empowers the one, they have seen growth in program efficiency and effectiveness and, most importantly, in deep personal meaning for all involved. I have had dozens of conversations with students who have said that they discovered and built tremendous, new capacity within themselves through venturing into service opportunities they had never before attempted or

even considered. These experiences often open new doors of opportunity.

As students extend a hand to lift the burden of another, this is quite often done in a manner to physically help someone, but it can have another connotation and effect. An extended hand will likely also serve as a gesture of kindness and acceptance in a world where such is needed more and more. Students frequently find, through their service outreach, new and valuable friendships which enrich the lives of all parties involved.

While engaging in service opportunities, we naturally feel closer to the Lord and His mission of helping each of us to return to our Father in Heaven. The spirit of service typically promotes a closeness to the Spirit of our Heavenly Father, opening the portals of revelation and inspiration that allow us to reach out at the right time and in the right way. ■



Coral TAYLOR

Community Service Coordinator



It has been my great pleasure to join the Y-Serve team at the Center for Service and Learning this past year. Y-Serve truly is the happiest place on campus. I joined the team as it was beginning its ascent out of the effects of COVID. It has been an inspiring and collaborative effort to get programs up and running again. What began as a handful of operating programs during the summer reached 69 programs by the end of Winter Semester. The student leaders were instrumental in this effort.

The vision set by the Service Council for the year was, "Know the Good, Share the Good, and Be the Good". Often in life, we may think of service as overwhelming or the problems around us beyond our abilities to help. However, the Service Council, with their vision and goals, was able to demonstrate that service is always attainable by simply being disciples of Christ, by knowing what is good in Christ, sharing it with others, and continuing to be like Christ.

In a devotional address given by Steven Smith in June of 2021, he beautifully summarized this concept:

"The call to alleviate suffering in others can be one of our more challenging Christian duties. We may perceive ourselves as being inadequate and thus excuse ourselves for not helping. However, as difficult as this duty may appear to be, it can paradoxically

prove to be one of the most satisfying. Stopping to help, giving what we can—even when we feel inadequate—may not only alleviate the suffering of one of Heavenly Father's children but can also, through our choices to help those in need, actually engender small changes in our character and give us greater confidence in our ability to be a compassionate disciple."

This year, we were thrilled to host the annual Community Service Provider (CSP) Luncheon in person once again. At the luncheon, we were able to recognize a few of our CSPs with an award for their dedicated service to the community. The CSPs are nominated by the student leaders for one of the following categories: Makes a Difference, Creates Value, Fosters Growth, and Builds Relationships. This year's awardees were Makayla Going (Activities and Volunteer Coordinator, Mervyn Sharp Bennion Central Utah Veterans Home), Holly Smith (Volunteer Coordinator, Bristol Home Health & Hospice), Melanie Ogan (Program Director, Utah County 4-H - USU Extension), and Geoffrey Wright (Managing Director, Utah Underwater Robotics). We had over 40 CSPs attend the luncheon and award presentation. It was wonderful to recognize people in our community who are great examples of knowing, sharing, and being the good. ■

Rebecca SMOOT

Community Service Coordinator



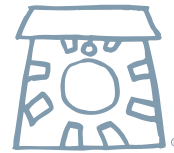
"You are good. But it is not enough just to be good. You must be good for something. You must contribute good to the world. The world must be a better place for your presence. And the good that is in you must be spread to others..."

(President Gordon B. Hinckley, Brigham Young University devotional, Marriott Center, 17 Sept. 1996).

Know the Good. Share the Good. Be the Good. This year's vision from the Service Council exemplifies the good that is in each one of the Y-Serve student leaders and volunteers and is shown by their endeavors to use their time, talents and strengths in contributing good to those in their community.

In a November 2021 BYU devotional, Julie L. Valentine, Associate Dean of Undergraduate Studies and Research in BYU's College of Nursing, asked, "What is your 'for good' at this time in your life?" She went on to state, "You also have a noble responsibility to use your strength and influence for good."

I have the privilege of observing various BYU students' "for good" through new program proposals. The four new programs proposed by BYU students that were approved and added to Y-Serve this year are Project Sunshine, MAPS (Mentorship for Advanced Professional Studies), Food for the Soul, and Community Rehabilitation Clinic.



project sunshine

Project Sunshine helps bring joy and play to children who are in hospitals. This is achieved through various activities. Volunteers put together individualized "Sunshine Activity" kits with materials such as craft supplies for children to use while staying in pediatric hospitals around the country. Volunteers can also connect with pediatric patients through "TelePlay" to do trivia games and activities via Zoom. Volunteers make a difference by lifting an underserved population that truly needs joy, laughter and light in some of their darkest times.



Another new program is MAPS (Mentorship for Advanced Professional Studies). Working with the CAPS (Center for Advanced Professional Studies) program in the Provo School District, BYU volunteers mentor high school juniors and seniors as they work on professional projects for local companies. Students are assigned a

project in one of four categories: business, marketing, and entrepreneurship; software and design; health and medicine; and engineering and industrial design. BYU volunteers help the students develop effective strategies, ideas and insights about their tasks as well as share possible resources. MAPS is valuable to both BYU mentors and high school students by integrating real-world learning. Volunteers commit to an entire semester so they can work with the students during the whole project.



The Food for the Soul program was created to provide genuine connections between BYU students and the local homeless population. Volunteers have the opportunity to foster friendships through visiting the Food and Care Coalition on a weekly basis during meal times. Volunteers share a meal while listening to and conversing with people experiencing housing insecurity. The hope is that those who participate will feel seen, heard, and valued. This service can also help volunteers to grow in compassion and understanding as they learn from the perspectives of the new friends they make.



Volunteers for the Community Rehabilitation Clinic program assist in a variety of ways in an effort to serve individuals living below the poverty line who are receiving physical therapy services. Many of the patients speak Spanish or another language and have difficulty communicating. Volunteers who are proficient in one of the languages are trained to help with medical interpreting. Volunteers commit to serve at least one hour per week.

These four new programs, along with the other Y-Serve programs, provide "for good" opportunities for volunteers to share their time, talents and strengths in meaningful ways within the local community. It is exciting to see our students make a difference as they find diverse ways to serve others. As they emulate the Savior's example of love and service to others, they know, share and become the good. I look forward to seeing what new ideas and opportunities open up for them as they continue to contribute and be the good in the world. ■



Art & Music

ADAPTIVE SHOW CHOIR: Practice and perform bi-annually alongside individuals with disabilities who are learning to sing and dance.

CREATIVE CONNECTIONS: Mentor local struggling teens through weekly classes to inspire a love of art, creativity, and learning.

PARTNERS IN MUSIC: Teach music lessons to a local middle school orchestra or band student.

UTAH HEALING ARTS: Share your gifts of art, music, dance, and theater while visiting the elderly.



Community Health

COMMUNITY REHABILITATION CLINIC: Assist individuals receiving physical therapy services at the CRC.

CRUZ ROJA: Teach Red Cross emergency preparedness classes in Spanish.

FOOD FOR THE SOUL: Share a meal and a conversation with friends who live outside.

FRIENDS FOR SIGHT: Assist with vision screenings for those with limited resources, or with sorting glasses that will be donated.

HEALTHCARE: Volunteer in a variety of positions with local health programs.

HOSPICE: Assist homebound and terminally ill patients one hour per week.

RED CROSS SERVICES: Teach weekly classes on CPR, Home Fires, or Disaster Action to the general community; assist donors before and after they give blood at monthly blood drives.

SHARE YOUR HAIR: Donate your hair for wigs to be given to children and young adults who suffer from medically-related hair loss.



Education & Mentoring

4-H CLUBS: Create a 6-week educational club in a subject of your choice for 8- to 18-year olds.

ACCESS: Collaborate in a male-female partnership to plan and carry out activities for a 5- to 12-year-old child.

ANATOMY ACADEMY: Help combat obesity by teaching elementary students about the digestive system and nutrition.

BYU VILLAGE MENTORS: Tutor students in another country and give them encouragement to pursue additional education.

CIRCLE K: Provide physical activities for children in the Utah State Hospital.

COUGAR COACHES: Coach and train youth in a variety of sports through local Parks and Recreation departments.

DIGITAL INCLUSION: Teach computer literacy skills to community members of local libraries and community centers.

EARLY LEARNING ESSENTIALS: Read and play with children from low-income families to promote school readiness.

FAMILY LITERACY: Tutor members of the community in reading.

FOSTER LOVE: Mentor a local child in foster care during a weekly after-school activity on campus.

HORSES FOR HEALING: Assist adolescents ages 12 to 17 with disabilities through an equine therapy program.

IMPACT: Mentor a teen with a partner and attend monthly group activities with your mentee.

JUNIOR NUTRITION ACADEMY: Teach nutrition classes to 6th graders in local schools.



KIDS WHO CODE: Help teach coding classes to local elementary students.

MAPS: Mentor high school juniors and seniors as they work on professional projects being completed for local companies.

MARKETING: Promote Y-Serve service opportunities across campus through social media, digital signage, classroom slides, and program-specific strategies.

PROJECT SUNSHINE: Send joy to children who are in the hospital by assembling "sunshine kits" or chatting with patients online.

PROJECT YOUTH: Lead groups of 5th and 6th graders during an annual event intended to encourage them to go to college.

PROVO YOUTH MENTORING: Encourage at-risk elementary school children to improve their academics and behavior during on-campus activities or off-campus classroom visits.

SEEDS OF SUCCESS: Tutor a local K-12 student for one hour per week on campus.

SOUTH FRANKLIN COMMUNITY CENTER: Help children of all ages with homework or engage with recreational activities at a local community center.

SPORTS HERO DAY: Volunteer as a group leader for 6th graders as they interact with BYU athletes on campus twice a year.

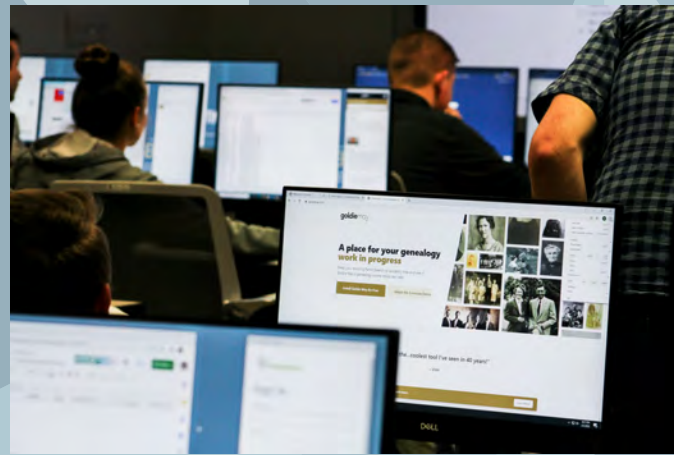
TEENS ACT: Mentor and assist at-risk high school students in their classrooms.

TOPS: Help as a classroom aide for teachers in Provo schools.

TUTORING: Tutor BYU student peers in subjects in which you have excelled.

UNDERWATER ROBOTICS: Mentor middle school students through building underwater robots for a competition.

PROGRAM OVERVIEW



Hands-on Service

COMMUNITY ACTION: Sort donations and assemble food packages at the Food Bank to assist low-income families in the community.

COMMUNITY CLEAN-UP: Make improvements to various public places such as parks, trails, schools, and libraries.

FRESHMAN SERVICE CORPS: Participate in monthly Y-Serve activities with other service-oriented BYU Freshmen.

HABITAT FOR HUMANITY: Help build homes for low-income families or help with projects at the Re-Store.

MLK COMMUNITY OUTREACH DAY: Participate in a wide variety of service projects on Martin Luther King Jr. Day.

REFUGEE: Meet weekly to make quilts, weave sleeping mats, and work on other projects that are sent to refugees.

SELF-HELP HOMES: Work alongside a group of families as they build their own homes through a government program.

SERVICE DATES: Attend group date service projects that benefit the community.

SERVICE TO THE WORLD: Work with various nonprofit agencies to meet humanitarian needs.

STOP AND SERVE: Work on hands-on service projects anytime in the 2330 WSC Y-Serve office.

Languages

CONEXIONES: Connect Hispanics to the local community by helping them improve their English reading skills.

ENGLISH AROUND THE WORLD: Provide weekly English language instruction to non-English speakers, usually online.

LEAD: Work in the local Latino community while teaching life skills through activities such as mentoring, tutoring, citizenship exam prep and healthcare classes.

SPANISH INTERPRETERS: Provide Spanish translation at local community agencies.

SUB FOR SANTA: Provide translation during workshops where families that cannot afford Christmas gifts may enroll in the Sub for Santa program; and assist in the sorting and distribution of gifts to families in need.

VINEYARD: Assist with indexing as well as the translation of Church materials and documents.

Senior Outreach

ADOPT A GRANDPARENT: Build lasting friendships with the elderly by visiting them once a week.

PROJECT UPLIFT: Lift veterans' and military service members' spirits through letters, visits, and activities.

Special Needs

ADAPTIVE AQUATICS/GYM KIDS: Help children with special needs develop autonomy through swimming and gym activities.

ATHLETIC CONNECTION: Coordinate service for BYU athletes to introduce sports to children with special needs.

BEST BUDDIES: Mentor an adult with intellectual and developmental disabilities in weekly or monthly activities.

KIDS ON THE MOVE: Watch over children with and without disabilities while their parents either attend a class or have the night off.

SCENIC VIEW: Participate in Monday FHE activities or Sunday worship services with adults who have various developmental disabilities.

SPECIAL OLYMPICS TEAM: Coach and cheer for individuals with cognitive disabilities as they play Olympic-type sports.

TEACHING AND LOVING CHILDREN: Be a teacher's aide in a local school district preschool helping students with special needs.

BUILD THE GOOD

COVID-19 took a toll on our programs,

so we have had to re-build...

UP

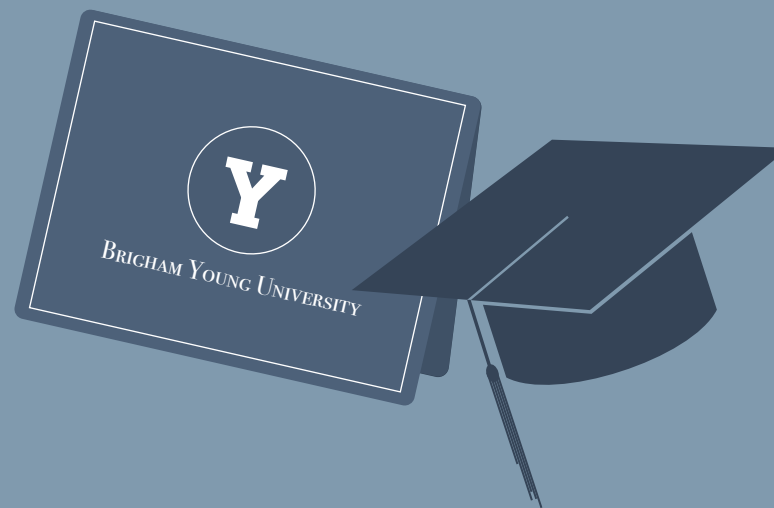
GROUND

THE

FROM

Take a look at the amazing progress we have made this year!

34,216
Service Hours



That is equal to 4 years...
Enough time to earn a Bachelors Degree!

\$1,024,769
Economic Impact



\$29.95 per service hour
Enough to pay tuition for 171 years at BYU!

STATISTICS

12,900 Volunteers

Enough to fill these 8 campus buildings combined!



BENSON BUILDING



MARTIN BUILDING



TALMAGE BUILDING



JESSIE KNIGHT BUILDING



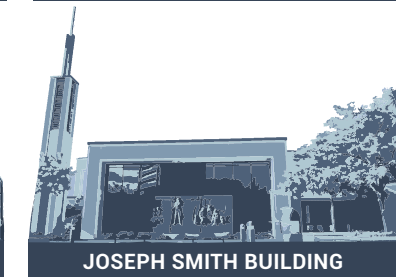
CLYDE BUILDING



TANNER BUILDING



JOSEPH FIELDING SMITH BUILDING



JOSEPH SMITH BUILDING

REFLECT ON A YEAR OF SERVICE



"Know the good: I have seen volunteers step up and take on more responsibilities and sacrifice more time. Be the good: I have served more this year than ever before in my life and witnessed the blessings it brings. Share the good: As Program Director in charge of marketing, I was able to share with random people how amazing our program is. I will take what I have learned and continue to know, be, and share the good by participating in service wherever I am and inviting others to do the same."

"God will always step in to assist in fulfilling His work. God acts in the lives of those who are not just like mine. There's goodness with all places and people. We need each other."



"What I remember most from this year is the impact that I had on individual kids as I slowed down and served them one on one. Their smiles when I remembered their names really changed my heart and motivated me to continue serving even when I felt overwhelmed with everything else I had to do."

"The more I serve, the more my motivations and desires to serve evolve. The more time I give, the more time it seems I have to give and to do the other things I need to. The more I serve, the more I see that I am truly doing this out of love and a genuine desire to share my talents because I have been given much."



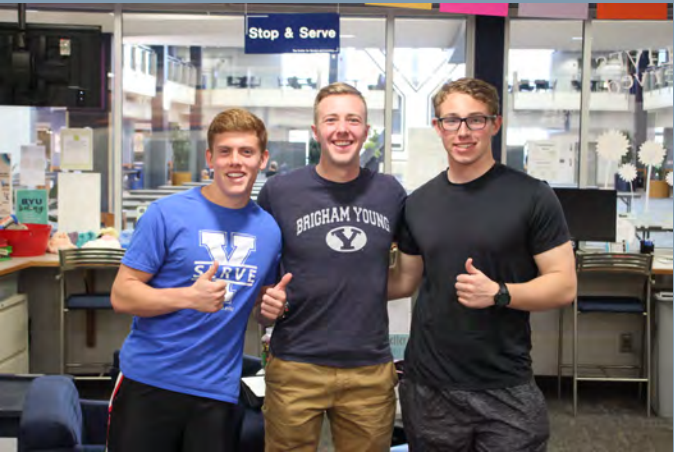
"I really enjoyed working with Sports Hero Day this semester. I attended it as a 6th grader, so it was humbling to give the kids the same experience I had. It was hard finding the time to do it, but it was so worth it. I want to try to set aside even more time to serve next semester. My testimony of service bringing joy has been strengthened."

"This has been quite a journey. It has been hard, especially when I started from scratch. I didn't let those hardships hurt my desire to serve. I did my best to help, and I will continue to do my best as I get ready for my mission. Service is about learning, growing, and loving each other as a community."

"I have seen the good by coming to know how something or some act so small can change someone's life. As I have invited friends to join me, I have seen them fall in love with serving others in the same way I have. I hope to continue to be the good by implementing the skills I have learned into my everyday life and serve everyone."

"Before Y-Serve, I felt like a tiny grain of sand on a huge beach. I didn't feel like I had a purpose at BYU. Once I had the chance to become a director, my eyes were opened to what I'm meant to do here - serve! I've come to know the good. I've come to feel the Savior's love as I serve those around me. Now I just want to share that with everyone I meet. I want everyone to feel the Savior's love! I want to continue to be the good, to help others find their purpose too."

"This year I made a goal to tell others why I was serving. Before, I would tell them that I was just doing it for fun, but now I have started telling them that I do it for Christ. I want to show how thankful I am to Christ by dedicating my life to the service of others. My service becomes more impactful for me and for them when I make that distinction."



"My favorite experience was my second time attending English Around the World. We had many people in our class - from Afghanistan, India, Vietnam, Dominican Republic, Indonesia, etc. It was so special to connect with people from all over the world and build a community of mutual respect and a desire to learn English!"

"To me, knowing the good is recognizing that all God's children deserve to be served and loved like I am. Being the good is setting an example, and doing the good is showing all those around me that love."



"Interacting with the sweet little kids helped me to better 'know the good.' I got to look past what I saw and see the worth of souls. My heart was full as I built relationships with the same children week after week. Going forward, I want to apply that! I want to share goodness by being a friend to all—strangers, acquaintances, people who are different...! Doing that makes me try to be the good and others will follow."

"I'm not going to stop serving. Y-Serve helped me unlock a part of myself—the truest part of myself, that is more like the Savior. Y-Serve helped me heal. I am a better person because of the people I connected with through Y-Serve."

"I think that the biggest way I've seen this year's theme come about is through connection. With almost all programs being shut down to now 69 operating, there has been so much progress. I think that is due to our connection with each other and, most importantly, Jesus Christ. I want to continue to broaden my circle of connection by inviting everybody."

"Y-Serve helped me see the good by connecting me with students and community members who gave me the light and hope I needed during difficult times. I will continue to make service part of my life forever because I learned how to here at Y-Serve."

Miles CALLAHAN

Service Council President



What a year! I have been truly blessed to have had this amazing experience as the Y-Serve President. I have felt overwhelmingly blessed to be able to work with such a wonderful Service Council in such a wonderful organization.

Coming out of the more serious times of COVID we had a lot of work to do to bring Y-Serve back to its full glory, and we had little knowledge about how to do that. All members of the Council, including the presidency, had not experienced what the Council was like pre-COVID. However, I was in awe at seeing how the Service Council was able to dedicate themselves and come together to accomplish all that we have this year. We had a lot of opportunities to learn and adjust our strategy, but we were able to come out successfully.

At the beginning of my service in the Council, we came up with our vision: "Know the Good, Share the Good, Be the Good." We wanted a vision that could be divided into three separate goals that would help us best focus on creating the best Y-Serve organization we could. As we focused our entire year on these three parts of our vision, we were able to help others know the good by making sure all BYU students KNOW what Y-Serve is and what it has to offer.

We worked hard throughout the year to provide opportunities for BYU students to SHARE the good through 69 different programs, all providing unique ways to help others. And we saw BYU students BE the good as they served over 30,000 hours for their community.

I am so grateful for all the blessings I have received by being a part of Y-Serve. It is such an amazing, inclusive, and nice community that makes everyone feel welcome. I have learned and grown so much, and have truly instilled in my heart and mind the desire to go forth and serve. ■



STUDENT SERVICE AWARDS

Lieutenant Governor's Volunteer Recognition Certificate

This award is offered to BYU students who have given exemplary volunteer service to their Utah community for an extended amount of time.



Alex McAlpin	Isaac Daybell
Benjamin Birchall	Kate Strong
Cameron Howe	Meg Takara
Christen Aniel	Rachel Clark
Dallin Swanson	Sam Nielsen
Derick Bunn	Sarah Jarrett
Elisabeth Cupp	

BYU Service Certification

This award is offered to all BYU students who take the Learning Through Service class, perform 100 hours of community service, and complete a 50-hour capstone project.



Annie Allen	Megan Edwards
Katherine Miller	Megan Heaton
Lillian Sanders	Mitchell Thornock

President's Volunteer Service Award

This award is available to all BYU students based on milestone hours of service.



Gold (250+ hours)

Justin Childs	Sarah Jarrett
Michael Matthews	Thomas Radle
Natasha Keckley	Victoria Steward

Silver (175-249 hours)

Dallin Johnson	Matt Van Leeuwen
Isaac Parrish	Melanie Pierce

Bronze (100-174 hours)

Cameron Howe	Kate Strong
Christen Aniel	Rachel Clark
Hannah Stebbing	

Sergeant Larry H. Morford Award

This award is given to one BYU student each year in recognition of outstanding service to the community.



Sam Nielsen