Y-SERVE 2022-2023 Annual Report



Come.
Connect.
Contribute.

BYU Center for Service & Learning

CONTENTS

1..... Chris Crippen, Director

3..... Coral Taylor, Coordinator

4..... Rebecca Smoot, Coordinator

6..... Heidi Goodsell, Supervisor

7..... Program Overview

11... Statistics

13... Reflections

15... Larisa Finlayson, SC President

16... Student Service Awards















OUR MISSION

Our mission is to provide every student with a meaningful service opportunity, following our **Guiding Principles of Safety, Respect, Meaning,** Revelation, Selflessness and Reflection.



OUR VISION

We will instill in the heart and mind of every student a desire to give lifelong service.

Chris CRIPPEN

Director, Center for Service and Learning



Come. Connect. Contribute.

Each April, I have the privilege of taking the Service Council on an Incoming Retreat for a few days in which time 15 strangers come together to form a united family of council members for the coming year. We typically hike and eat and laugh together, getting to know one another quite well. The highlight for me is to watch them work together to form a united vision for the year. Last summer, this amazing Council gathered in a Moab hotel banquet room and created a beautifully simple vision for the coming year.



A brief examination of the evolution of this vision expresses the sentiment of a body of student leaders emerging from a worldwide pandemic and a general societal disconnectedness:

- Belonging through service
- Healing through service
- Heal through service
- Belong through service
- Healing through service together
- Come, Serve, Heal
- Come, Serve, Belong
- Become, Serve, Belong
- Come, Serve, Be
- Come, Serve, Connect
- Come, Connect, Contribute

Come

Every BYU student should feel invited to come take part and belong. Through expanding Y-Serve programs, we will be able to reach more students and invite them to COME to Y-Serve. We will do this by:

- Holding daily program booths and two large marketing events every semester
- Strengthening current program leadership and expand their volunteer base
- Using surveys to help volunteers find a program they love!

This past year we have seen a great number of new student leaders who have personally invited and welcomed other BYU students to participate in Y-Serve events. I've enjoyed watching students become fully engaged in the blessings and benefits of Y-Serve programming. Students who take my "ST DEV 290: Learning through Service" class are required to do service hours. They frequently share in their reflection papers and presentations the real joy and needed balance they've found as they've come to Y-Serve service activities.

Connect

Y-Serve programs will provide meaningful campus and personal connections by connecting with other offices, organizations, and students on campus. Y-Serve will unite all walks of life. We will do this by:

- Working in collaboration with the Office of Belonging
- Utilizing club ambassadors by sharing a volunteer base
- Recognizing volunteers monthly

It's been a pleasure to reach out across campus and connect with increasing numbers of professors and departments who are requesting presentations about Y-Serve and service in general. More and more professors are incorporating service into their coursework. We had record numbers of new students attend NSO in August, many of whom have persisted as leaders and volunteers, finding a valuable connection to provide balance to student life. Students frequently find, through their service outreach, new and valuable friendships which enrich the lives of all parties involved.



Contribute

Through reflection, our student leaders and volunteers will be able to contribute in a great way to their lives and the lives of those they serve. We will do this by:

- Creating videos about experiences with a program
- Participating in our programs and encourage reflection
- Focusing on the monthly theme in stewardships

Our volunteers and office staff have gone the extra mile to contribute their individual gifts and talents for the betterment of Y-Serve and its programs. The richness of our service outreach provides unique opportunities and outlets for special skills utilization and development.

An annual reminder on stats: While we strive to collect data to accurately represent the service being done, we have tried to do so in the most convenient ways possible for our volunteers. Over the past two years, we've gradually been relying more upon the submission of service hours using the Y-Serve feature on the BYU app. It has been noted that not every volunteer has chosen to enter their service hours on the app and consequently, our statistics do measure lower amounts of participants than in past years. We are actively seeking to find ways to portray the most accurate numbers possible. In 2022-23, progress has continued to be made and we've been able to collect 100% of each programs' stats each month!

Service has a way of naturally drawing people together, building lasting and natural human connections that promote the best in each other. As our student leaders have strived to provide training and leadership which empowers the one, they have seen growth in program efficiency and effectiveness and, most importantly, in deep personal meaning for all involved. I have had dozens of conversations with students who have said that they discovered and built tremendous, new capacity within themselves through venturing into service opportunities they had never before attempted or even considered. These experiences often open new doors of opportunity.

While engaging in service opportunities, we naturally feel closer to the Lord and His mission of helping each of us to return to our Father in Heaven. The spirit of service typically promotes a closeness to the spirit of our Heavenly Father, opening the portals of revelation and inspiration that allow us to reach out at the right time and in the right way. We welcome all to Come, Connect, and Contribute. May you be blessed as you continue to Seek to Serve!

Coral TAYLOR

Community Service Coordinator



Rebecca SMOOT

Community Service Coordinator



What a beautiful year at Y-Serve! This year's theme of Come, Connect, and Contribute truly came to be realized. I want to focus on just one program that embodied this theme, the Marketing Team. Their efforts and reach this past year have been remarkable!

Come

Through their efforts, marketing was able to invite many more students to come and get to know Y-Serve. Their many booths and events (just over 20, for marketing alone) led to 1763 additional Instagram followers, 163 additional Facebook followers, and 330 additional Y-Serve Newsletter subscriptions.



Connect

This year Marketing was invited to bring service opportunities and Y-Serve awareness to multiple campus events. These awareness booths and service projects helped them connect with other BYU departments and students from International Student and Scholar Services (ISSS), the College of Family, Home and Social Sciences (FHSS), the Student Connection and Leadership Center (SCLC),

Women's Services and Resources (WSR), BYU Allied Health Club, Multicultural Student Services (MSS), University Advisement Center (UAC), the Office of First-year Experience (FYE), and more. The Marketing Team was also able to help entities such as Bonneville Communications assemble and package its Light the World influencer kits.

Contribute

The Marketing Team is made up of four smaller groups: Social Media, Strategy, Public Relations, and the Creative Team (graphic design, video, and photography). They are the go-to marketing resource for all of the programs at Y-Serve. This school year, the Marketing Team tallied approximately 340 requests and consults. In addition to fulfilling all of the requests and holding events, they also created a Y-Serve questionnaire that helps connect students to a program that matches their interests, they held a focus group to help determine Y-Serve's reach on campus and have been studying Y-Serve data to find ways for process improvement. It has been a joy to see this team work and serve together. Well done, Y-Serve Marketing!



"We can accomplish more together than we can alone" – Max De Pree

Volunteering and connecting with others through meaningful service provides a sense of purpose. When we follow our Savior's example and serve others in Christlike ways, we form new connections and strengthen existing ones. We experience a sense of belonging, acceptance, and love.

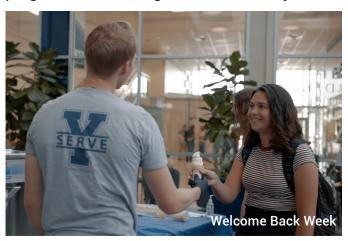
This year, the Service Council created the vision of "Come, Connect, and Contribute." In addition to strengthening and expanding connections with the local community, student leaders were dedicated to seeking out and fostering connections within campus colleges, departments and organizations with the intent to reach more of the student body.

Come

Y-Serve initiatives under the "Come" aspect of the vision have included numerous ways to invite students to become involved in Y-Serve. Y-Serve provides countless leadership service opportunities. This year we had 330 student leaders, which includes 14 Service Council members, 70 Executive Directors, and over 200 program directors. These student leaders have participated in various on-campus fairs, including organizing and coordinating service booths and service projects at New Student Orientation First-Year Fairs.



Events such as Welcome Back Week, class presentations, and recruiting booths have also invited students to come be part of leading programs and serving in the community.



Connect

With the "Connect" aspect of the vision, student leaders sought to reach more of the student body by collaborating with various campus entities such as providing service activities at Women's Services and Resources events, promoting the variety of Y-Serve programs to BYUSA student clubs, connecting with the Office of Belonging, participating with BYU Alumni and University Accessibility Center with service projects among other collaborations.

Contribute

Lastly, with the "Contribute" aspect of the vision, volunteers are encouraged to offer their unique talents, skills and experiences through any of the 70 Y-Serve programs.

BYU Tutoring Services is one of the larger Y-Serve programs, offering free volunteer peer-to-peer tutoring for classes taught at

BYU, where tutors volunteer their time to help reinforce principles and concepts covered in class and assist students in developing essential learning skills. Volunteers serve anywhere from one to three hours a week. Not only does this program impact the students being helped, but also the tutors. One tutor shared her experience in serving:



"I won't forget the joy that you feel after a successful tutoring session. It is a rewarding thing to help others understand. I also will remember the things we learned about connecting with others. We can always find new ways to connect and build relationships. I know that this skill will help me throughout my entire life!"

This year BYU Tutoring Services student leaders have collaborated with the BYU College of Nursing to provide tutors to help newly-accepted nursing students with difficult courses. With the success of this collaboration the program hopes to expand and connect directly with more colleges in the future.

With the addition of three new programs added to Y-Serve this year, there are even more opportunities for students to contribute: Adapted Needs Institute, Preservando El Arte and Graduate Service Corps.

Adapted Needs Institute is a program that enables young adults with special needs to more fully enjoy the institute experience through the Church of Jesus Christ of Latter-day Saints. Volunteers pair up with a buddy at Institute to engage in conversation and share insights. This program aims to create an inclusive and supportive learning environment where participants can grow in their faith and knowledge of Jesus Christ.



The purpose of Preservando El Arte is to empower and enrich the lives of individuals facing challenges by offering meaningful classes and events to the community centered on cultivating an artistic lifestyle. These comprise various art forms such as music, dance, literature, painting, theater, and more.

Graduate Service Corps offers graduate students an opportunity to engage in volunteer work. Volunteers get the chance to work alongside likeminded graduate students to help people from diverse age groups and backgrounds in Utah Valley. Once a month Graduate Service Corps teams up with another Y-Serve program to provide a range of volunteer opportunities aimed at helping students identify their interests in both their studies and service.

As student leaders and volunteers graduate and move on, taking the "Come, Connect, and Contribute" vision with them, they will continue to build new connections and nurture existing ones by providing Christ-like service and making a positive impact on their families, careers, and communities.

Heidi GOODSELL

Operations Supervisor



Come. Connect. Contribute.

Y-Serve has been privileged to have very talented, enthusiastic, focused, and creative student employees. They have helped facilitate several aspects of the goal to help BYU students come, connect, and contribute.

Come

The location of the Y-Serve office in the Wilkinson Student Center allows people to easily come and find a resource where they can find out more about service learning. The Office Assistants know the programs well, so when students are looking at options, they are able to customize their suggestion to fit the volunteers' interests and availability. The weekly newsletter invites people to join in serving the community as a volunteer or as a leader as it highlights programs and upcoming events. The Marketing Team, Graphic Designer, Videographer, and Photographer also have a key part in encouraging people to get involved as they give people all over campus a glimpse of what the opportunities look like and what they can do to serve.

Connect

Connections are made on a daily basis in Y-Serve programs, including in the office. The only program that takes place in the office is Stop and Serve. The Office Assistants are an important part of keeping the projects running smoothly as they teach volunteers how to do the projects. It is wonderful to see office assistants help people feel welcome, and to see how volunteers return because of the joy they feel as they serve with other students.

Other volunteers who connect in the office are the leaders of the programs. The office staff is

very supportive as they create and print posters and fliers, provide training, capture events in videos and photos, and direct them to the resources they need as they run their programs. During the time student leaders are in the office, they are also found sharing ideas with each other about how to spread the word about their activities.

Contribute

The Y-Serve student staff members contribute their skills and strengths to keep the office and the programs running smoothly. Whether they are creating spreadsheets, recording purchases, answering phones, updating the website, or advertising on social media or at booths, the student employees are giving of themselves in order to support Y-Serve's mission. Through their efforts, more and more volunteers are finding meaningful ways to contribute their time and talents to those in need.

This year, hundreds of students have come to the Y-Serve office, connected with programs to help the community, and contributed their gifts to bring comfort and happiness to those they have served. The Y-Serve student employees have played an important role in helping volunteers connect with opportunities and experience the joy of serving. ■



5 the leaders of the programs. The office staff is



Art & Music

ADAPTIVE SHOW CHOIR: Practice and perform bi-annually alongside individuals with disabilities who are learning to sing and dance. CREATIVE CONNECTIONS: Mentor local struggling teens through weekly classes to inspire a love of art, creativity, and learning. PARTNERS IN MUSIC: Teach music lessons to a local middle school orchestra or band student. PRESERVANDO EL ARTE: Volunteer at events and workshops to promote the arts.



Community Health

COMMUNITY REHABILITATION CLINIC: Assist individuals receiving physical therapy services at the CRC.

CRUZ ROJA: Teach Red Cross emergency preparedness classes in Spanish.

FOOD FOR THE SOUL: Share a meal and a conversation with friends who live outside.

FRIENDS FOR SIGHT: Assist with vision screenings for those with limited resources, or with sorting glasses that will be donated.

HEALTHCARE: Volunteer in a variety of positions with local health programs.

HOSPICE: Assist homebound and terminally ill patients one hour per week.

RED CROSS SERVICES: Teach weekly classes on CPR, Home Fires, or Disaster Action to the general community; assist donors before and after they give blood at monthly blood drives. SHARE YOUR HAIR: Donate your hair for wigs to be given to children and young adults who suffer from medically-related hair loss.



Education & Mentoring

4-H CLUBS: Create a 6-week educational club in a subject of your choice for 8- to 18-year olds.

ACCESS: Collaborate in a male-female partnership to plan and carry out activities for a 5- to 12-year-old child.

ANATOMY ACADEMY: Help combat obesity by teaching elementary students about the digestive system and nutrition.

BYU VILLAGE MENTORS: Tutor students in another country and give them encouragement to pursue additional education.

CIRCLE K: Provide physical activities for children in the Utah State Hospital.

COUGAR COACHES: Coach and train youth in a variety of sports through local Parks and Recreation departments.

DIGITAL INCLUSION: Teach computer literacy skills to community members at local libraries and community centers.

EARLY LEARNING ESSENTIALS: Read and play with children from low-income families to promote school readiness.

FAMILY LITERACY: Tutor members of the community in reading.

FOSTER LOVE: Mentor a local child in foster care during a weekly after-school activity on campus.

IMPACT: Mentor a teen with a partner and attend monthly group activities with your mentee

JUNIOR NUTRITION ACADEMY: Teach nutrition classes to 6th graders in local schools.



KIDS WHO CODE: Help teach coding classes to local elementary students.

MAPS: Mentor high school juniors and seniors as they work on professional projects being completed for local companies.

MARKETING: Promote Y-Serve service opportunities across campus through social media, digital signage, classroom slides, and program-specific strategies.

PROJECT SUNSHINE: Send joy to children who are in the hospital by assembling "sunshine kits" or chatting with patients online.

PROJECT YOUTH: Lead groups of 5th and 6th graders during an annual event intended to encourage them to go to college.

PROVO YOUTH MENTORING: Encourage at-risk elementary school children to improve their academics and behavior during on-campus activities or off-campus classroom visits.

SEEDS OF SUCCESS: Tutor a local K-12 student for one hour per week on campus.

SOUTH FRANKLIN COMMUNITY CENTER: Help children of all ages with homework or engage with recreational activities at a local community center

SPORTS HERO DAY: Volunteer as a group leader for 6th graders as they interact with BYU athletes on campus twice a year.

TEENS ACT: Mentor and assist at-risk high school students in their classrooms.

TOPS: Help as a classroom aide for teachers in Provo schools.

TUTORING: Tutor BYU student peers in subjects in which you have excelled.

UNDERWATER ROBOTICS: Mentor middle school students through building underwater robots for an annual competition.



Hands-on Service

COMMUNITY ACTION: Sort donations and assemble packages at the Food Bank to assist low-income families in the community. **COMMUNITY CLEAN-UP:** Make improvements to various public places such as parks, trails,

schools, and libraries.

FRESHMAN SERVICE CORPS: Participate in monthly Y-Serve activities with other

service-oriented BYU Freshmen.

GRAD SERVICE CORPS: Work alongside
likeminded graduate students to help people
from diverse age groups and backgrounds in
Utah Valley.

HABITAT FOR HUMANITY: Help build homes for low-income families or help with projects at the Re-Store

MLK COMMUNITY OUTREACH DAY: Community members and students participate in a wide variety of service projects on Martin Luther King Jr. Day.

REFUGEE: Meet weekly to make quilts, weave sleeping mats, and work on other projects that are sent to refugees.

SELF-HELP HOMES: Work alongside a group of families as they build their own homes through a government program.

SERVICE DATES: Attend group date service projects that benefit the community.

SERVICE TO THE WORLD: Work with various nonprofit agencies to meet humanitarian needs.

STOP AND SERVE: Participate in hands-on service projects anytime in the Y-Serve office.



Languages

CONEXIONES: Connect Hispanics to the local community by helping them improve their English reading skills.

ENGLISH AROUND THE WORLD: Provide weekly English language instruction to non-English speakers, usually online.

LEAD: Work in the local Latino community while teaching life skills through activities such as mentoring, tutoring, citizenship exam prep and healthcare classes.

SPANISH INTERPRETERS: Provide Spanish translation at local community agencies.

SUB FOR SANTA: Provide translation during workshops where families that cannot afford Christmas gifts may enroll in the Sub for Santa program; and assist in the sorting and distribution of gifts to families in need.

VINEYARD: Assist with indexing as well as the translation of Church materials and documents.



Senior Outreach

ADOPT A GRANDPARENT: Build lasting friendships with the elderly by visiting them once a week.

PROJECT UPLIFT: Lift veterans' and military service members' spirits through letters, visits, and activities.

UTAH HEALING ARTS: Share your gifts of art, music, dance, and theater while visiting the elderly.



Special Needs

ADAPTED NEEDS INSTITUTE: Help young adults with special needs to more fully enjoy the institute experience.

ADAPTIVE AQUATICS/GYM KIDS: Help children with special needs develop autonomy through swimming and gym activities.

ATHLETIC CONNECTION: Coordinate service for BYU athletes to introduce sports to children with special needs.

BEST BUDDIES: Mentor an adult with intellectual and developmental disabilities in weekly or monthly activities.

KIDS ON THE MOVE: Watch over children with and without disabilities while their parents either attend a class or have the night off.

MEDALLION MANOR: Visit homes for adults with special needs and get them involved in fun

activities.

SCENIC VIEW: Participate in Monday FHE

activities or Sunday worship services with adults who have various developmental disabilities.

SPECIAL OLYMPICS TEAM: Coach and cheer for individuals with cognitive disabilities as they play Olympic-type sports.

TEACHING AND LOVING CHILDREN: Be a teacher's aide in a local school district preschool helping students with special needs.

9

STATISTICS





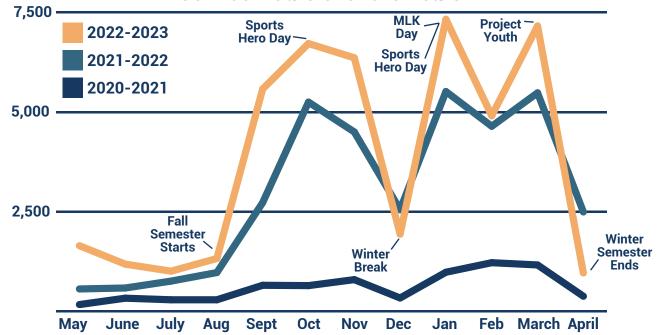


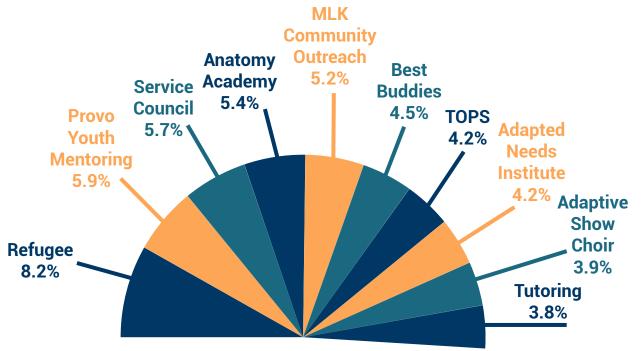






Service Hours over the Years





Top 10 Programs According to Hours

Hours Per Program

	ografii		
379	Junior Nutrition Academy	3782	Refugee
346	Foster Love	2720	Provo Youth Mentoring
318	Healthcare	2646	Service Council
311	Marketing Team	2508	Anatomy Academy
302	Spanish Interpreters	2385	MLK Community Outreach Day
297	Vineyard	2079	Best Buddies
294	Kids Who Code	1962	TOPS
293	Special Olympics Team	1943	Adapted Needs Institute
290	Partners in Music	1803	Adaptive Show Choir
282	Food for the Soul	1754	Tutoring
255	Teens Act	1630	Community Rehabilitation Clinic
247	Teaching and Loving Children	1209	Stop and Serve
242	Utah Healing Arts	1149	Cougar Coaches
230	Family Literacy	1121	Red Cross Services and Blood Drives
205	BYU Village Mentors	804	Early Learning Essentials
159	Seeds of Success	763	South Franklin Community Center
153	4-H Clubs	756	Habitat for Humanity
139	English Around the World	698	Circle K
138	Creative Connections	682	Community Clean-Up
128	Community Action Food Bank	679	Share Your Hair
106	Service Dates	657	Project Uplift
102	Project Sunshine	650	Kids on the Move
101	Underwater Robotics	637	Sports Hero Day
90	Service to the World	628	Project Youth
77	Freshman Service Corps	604	Adaptive Aquatics
70	Adopt a Grandparent	585	Conexiones
70	Boys and Girls Club	578	LEAD
56	Digital Inclusion	493	Friends for Sight
52	MAPS	450	ACCESS
51	Sub for Santa	424	Scenic View
36	Grad Service Corps	413	Cruz Roja
35	Preservando El Arte	400	Hospice
15	Athletic Connection	391	Impact
13	Horses for Healing	387	Self-Help Homes



Larisa FINLAYSON

Service Council Presiden



What an amazing opportunity this year has been! As Service Council President. I have grown in many ways and have had the chance to see the Service Council grow and work amazing miracles! I was amazed by their hard work and dedication to help their program leaders, plan and attend events, and support each other as we progressed towards our goals.

Our vision this year has been Come, Connect, Contribute. As a Council, we accomplished this vision by working closer with the Marketing Team, uniting with other office entities, and reflecting on our personal service. We were able to help Marketing with their Light the World campaign, along with Fall and Winter New Student Orientation (NSO). We also helped programs set up booths and had at least one Y-Serve program booth a day in the Fall semester. We worked with many other offices on campus including the Office of Belonging, Women's Services, BYUSA, and The Sorensen Center. We united our efforts through different events along with having them come and train our leaders. We were able to reflect on our personal service throughout the year by a monthly reflection sheet, helping us to set goals and follow up with them.

The willingness that I have seen from all our leaders, especially the Service Council, has been inspiring! They have been on the ground, working one-on-one with Community Service Providers (CSPs) and volunteers. They have been able to find new service opportunities and create new programs! No matter what else was going on in their lives, they were present and wanted to serve those around them. It has not been an easy year for any of us - a lot of ups and downs - but service has always been a priority for each of the Service Council Members!

I have loved serving this year. I am honored and will never forget the experiences I had that have helped me become the person I am today. I have seen the Lord's hand in so many programs and events. I have felt His love for others as I was serving. I have come to better understand Heavenly Father's plan for His children. Y-Serve is my home on campus and always will be! I look forward to more opportunities to participate in Y-Serve before graduation. I'm excited to move forward and continue to serve!

STUDENT SERVICE AWARDS

Lieutenant Governor's Volunteer Recognition Certificate

This award is offered to BYU students who have given y volunteer service to their Utah cor an extended amount of time



Brooke Andreason	Samantha Overbau
Michael Andrew	Curtis Pattillo
Emeline Benson	Spencer Perrett
Maya Bolander	Chase Renstrom
Hayden Borg	Christopher Rich
Israel Davila Aleman	Micah Russell
Alexander Densley	Nathan Steed
Hannah Dixon	Kate Strong
Mikayla Dudley	Kylee Sullivan
Brian Elison	Meg Takara
Keaton Helquist	Tanner Teeples
Courtney Isaac	Christian White

BYU Service Certification



Israel Davila Aleman **Bradley Embley** Parker Nasman

Parker Nasman

Spencer Perrett Caleb Siebach

President's Volunteer Service Award

This award is available to all BYU students based on milestone hours of service.



Bronze (100-174 hours

Ruby Anderson	Joe Kiehl	
Dalton Bourne	Christopher Rich	
Jacob Breinholt	Jordan Searle	
Kyle DeWitt	Meg Takara	
Isabela Eyring	Tanner Teeples	
Courtney Isaac		

Silver (175-249 hours)

Hayden Borg	Keaton Helquist
Kyle Christenson	Christian White
0-14 (25	O. hours)

Michael Andrew Parker Nasman Israel Davila Aleman Nathan Steed **Bradley Embley** Kate Strong David White Larisa Finlayson Sarah James **Brooklyn Wright**

Carter Jones

Sergeant Larry H. Morford Award



Bradley Embley





BYU Center for Service & Learning