1. Introducing Yourself

Basic Words
- name
- country
- first name
- city
- middle name
- neighborhood
- last name
- house
- neighbor
- street
- next door
- across

Action Words
- I am
- you are
- I live
- meet

Basic Phrases
- My name is ______ ________.
  - I live in ________________.
  - I am from ______________.
  - It’s nice to meet you.

Intermediate Phrases
- Welcome to the neighborhood.
  - I live across the street.
  - I am your next-door neighbor.
  - I am very happy to meet you.

Basic Dialogue
- Hello, how are you?
  - I am fine, thank you. And you?
  - What is your name?
    - My name is ______ ________.
  - Where are you from?
    - I am from __________.
  - Where do you live?
    - I live in ________________.

Assignment
- Introduce yourself to two people this week with a warm handshake and a nice smile.
- We are friendly and courteous to our neighbors.

TIP: Have your learners introduce themselves to one another telling their name, where they are from, and where they live.
Basic Words

- daughter
- son
- parents (mother & father)
- girl
- boy
- sister
- grandparents
- husband
- wife
- brother
- child (one)
- children

Action Words

- I have
- He is
- She is
- We are

Basic Phrases

- I am married (or single).
- I have three children.
- I have two boys and one girl.
- I have two brothers and one sister.

Basic Dialogue

- Are you married?
  - Yes, I am. (or no, I am not.)
- Do you have children?
  - Yes, I have ______ children.
- What is your husband’s name?
  - His name is ________.
- Where are you from?
  - We are from ________.

Intermediate Phrases

- This is my husband (or wife).
- His name is ________________.
- This is my daughter (or son).
- Her name is ________________.
- I am very happy to meet you.

Assignment

- Make a family tree.
- Tell two people this week about your family.
- We treat and speak of our family members with love, respect, and compassion.

TIP: Bring photos of your family to the first lesson. Invite learners to bring photos to the second lesson and introduce their family to the group.
3. Asking for Help with English

Basic Words
- loud
- quiet
- question
- sound
- sentence
- word
- a little
- a lot
- fast
- slow
- conversation
- dictionary

Action Words
- speak
- pronounce
- understand
- mean

Basic Phrases
- I don't understand.
- Please speak louder.
- Please speak slower.
- I speak a little English.

Intermediate Phrases
- Excuse me, what did you say?
- What does _______ mean?
- How do you pronounce this word?
- How do you say _______ in English?

Basic Dialogue
- Do you speak English?
  - Yes, I speak English.
- How do you pronounce this word?
  - It is pronounced __________.
- What does __________ mean?
  - It means ________________.

Assignment
- Look up a word in the dictionary every day of this week.
- We always ask for help in a kind way.
- We always say "please" and "thank you.

TIP:
- Have learners ask one another to speak more slowly or to repeat a sentence. Encourage them to use an English dictionary to learn new words on a daily basis.
TIP: Have your learners repeat a prayer after you, using short phrases. Keep your prayer very simple, similar to the one taught in this lesson.

### Basic Words
- Heavenly Father
- Jesus Christ
- Holy Ghost
- Book of Mormon
- Bible
- Eternal Father
- Spirit
- thee
- we
- family
- blessings

### Action Words
- we say
- we thank
- we ask
- we believe

### Basic Phrases
- Heavenly Father,
- We thank thee for ______________.
- We ask thee to ________________.
- In the name of Jesus Christ. Amen.

### Intermediate Phrases
- We thank thee for our families.
- We thank thee for our blessings.
- We ask thee to bless our families.
- We ask thee to help us learn English.

### Basic Dialogue
- Would you like to say the prayer?
  - Yes, I would.
- Do you need help with the prayer?
  - Yes, I do. Thank you.
- Can you say a prayer in English?
  - Yes, I can say a simple prayer.

### Assignment
- • Say at least one prayer in English at home.
- • We thank our Heavenly Father everyday for all our blessings.
- • Gordon B. Hinckley taught: “Prayer will change your life. It will bring you peace. It will give you direction and guidance.”
  (Way to Be! - Page 116).
5. Sharing Your Personal Information

Basic Words
- feet (or meters)
- inches (or cm.)
- tall
- short
- how many
- young
- telephone
- pounds (or kg.)
- street
- zip code (or postal code)
- address
- old

Action Words
- I am
- you are
- he is
- she is

Basic Phrases
- My telephone number is ________.
- My zip code is _______.
- My address is ___________.
- My birthday is _______.

Intermediate Phrases
- How tall are you?
  - I am ____ __ and ____ tall.
- How old are you?
  - I am _______ years old.

Basic Dialogue
- How old are you?
  - I am _____ years old.
- When is your birthday?
  - My birthday is ______.
- What is your telephone number?
  - My telephone number is _______.
- What is your address?
  - My address is ___________.

Assignment
- Practice saying the numbers in English.
- Practice saying your address and telephone number.
- Share your personal information only with your employer and with people you trust.

TIP: Quiz learners by writing numbers on a piece of paper and having them pronounce the number in English out loud.
6. Shopping for Clothes

**Basic Words**
- blouse
- sweater
- skirt
- dress
- shoes
- socks
- tie
- shirt
- vest
- jacket
- belt
- pants (or trousers)

**TIP:** Bring some items of clothing or a catalog to the lesson. Let your learners tell you about the clothes they are shown.

**Basic Phrases**
- I need a jacket.
- I need a pair of shoes.
- I need to return this shirt.
- I don’t know my size.

**Basic Dialogue**
- May I help you?
- Yes, please.
- What are you looking for?
- I am looking for a shirt.
- What size do you need?
- I need size ___.
- How much does it cost?
- It costs twenty-one dollars.

**Intermediate Phrases**
- I am looking for a skirt.
- I am looking for blue jeans.
- I am looking for a pair of pants, size ___.
- I am looking for a pair of shoes, size ___.

**More Information**
- It is important that we always dress neat and clean and wear modest clothing.
- We should also pay attention to our personal cleanliness.

---

**LEVEL 1**


1.800.672.8935

The Church of Jesus Christ of Latter-day Saints
7. Talking About Your Health

**Basic Words**
- head
- headache
- shoulder
- chest
- fever
- sore throat
- nose
- neck
- back
- stomach
- sick
- dizzy

**Action Words**
- I feel
- I have
- I hurt
- I need

**Basic Phrases**
- I feel sick.
- I feel dizzy.
- My throat hurts.
- My stomach hurts.

**Intermediate Phrases**
- I have a fever.
- I have a headache.
- I need to go home.
- I don’t feel very well.

**Basic Dialogue**
- Are you sick?
  - Yes, I don’t feel well.
- What’s wrong?
  - My throat hurts, and I have a fever.
- Do you need to go home?
  - Yes, I do.

**Assignment**
- Tell people when you don’t feel well.
- Let them know when you need to go home.
- “The Lord has commanded you to take good care of your body. To do this, observe the Word of Wisdom... Eat nutritious food, exercise regularly, and get enough sleep.” (For the Strength of Youth, p 36)

**TIP:** Have learners enact different illnesses. Let others guess in English the illness they are portraying.
8. At the Post Office

Basic Words
- package
- envelope
- letter
- stamps
- post office
- money order

Action Words
- buy
- mail
- send
- pick up

Basic Phrases
- I need stamps.
- I need an envelope.
- I need a money order.
- I need to pick up a registered letter.

Intermediate Phrases
- I need to mail this package.
- I need to send this Priority Mail.
- I need to send this First Class.
- I need to send this Express Mail.

Basic Dialogue
- What can I do for you?
- I need to buy stamps and mail this package.
- How many stamps do you need?
- I need twenty stamps, please.
- Do you need to send this package priority?
- No, just regular mail. Thank you.

Assignment
- Practice buying stamps or mailing a letter with your group.
- Next time you go to the post office, speak only English with the clerk.
- We are courteous with others. We always say “please” and “thank you.”

TIP:
Bring stamps, envelopes, and Priority and Overnight Mail forms with you. Role play a typical situation at the Post Office.
Bring grocery store advertisements. Let the learners look through them and ask questions or tell one another about what they see.

Basic Words
- bakery
- bread
- fruit
- vegetables
- produce
- groceries
- meat department
- meat
- cashier
- aisle
- milk
- shopping cart

Action Words
- I buy
- follow
- she buys
- show

Basic Phrases
- I buy my groceries at __________.
- I buy bread, milk, and eggs every week.
- I buy vegetables in the produce department.
- I buy bread in the bakery.

Basic Dialogue
- Excuse me, where is the milk?
  - The milk is on aisle ten.
  - Can you show me?
    - Yes, follow me.
- Excuse me, do you have fresh bread?
  - Yes, in the bakery department over there.

Intermediate Phrases
- My wife buys our groceries.
- My husband buys the meat.
- Where is the milk?
- On which aisle is the bread?

Assignment
- Learn the names of common foods.
- Practice saying the names of fruits and vegetables.
- It is important to select healthy food, such as fruits, fresh vegetables, and grains.
10. Talking about your Home

**Basic Words**
- patio
- balcony
- closet
- bathroom
- living room
- bedroom
- swimming pool
- kitchen
- laundry room
- dining room
- garage
- driveway

**Basic Phrases**
- I live in an apartment.
- I live in a house.
- It has two bedrooms.
- It has one bathroom.

**Intermediate Phrases**
- We live in a two-bedroom apartment.
- We have a 2-car garage.
- We have a laundry room.
- We don’t have a swimming pool.

**Basic Dialogue**
- Do you live in a house?
  - No, I live in an apartment.
- How many bedrooms does it have?
  - It has three bedrooms.
- Does it have a laundry room?
  - Yes, it does.
- Does it have a swimming pool?
  - No, it doesn’t.

**More Information**
- We should keep our homes neat, clean, and orderly.

**TIP:** Bring a magazine of floor plans. Let your learners look at the floor plans and explain to one another what they see.
11. Renting a House or Apartment

**Basic Words**
- house
- manager
- for rent
- for sale
- for lease
- application
- apartment
- signature
- security deposit
- deposit
- not interested
- interested

**TIP:**
Bring the “For Rent” section of the news paper, or a local “Rental” magazine. Also bring copies of a rental application. Ask learners if they need help filling out a rental application.

**Basic Dialogue**
Do you have a two-bedroom apartment for rent?  
Yes, we do.  
Do you have an application?  
Yes, here it is.  
How much is the rent?  
It’s six hundred dollars a month.  
How much is the security deposit?  
It’s three hundred dollars.

**Intermediate Phrases**
Tell me about the apartment.  
I am very interested in this apartment.  
I will come back with my husband (or wife).  
How much is the rent?

**More Information**
- A “For Lease” apartment, means you agree to rent it for 6 months, 1 year, 2 years, etc.
- Always ask for a receipt when you pay rent or security deposits.
- Complete a rental application this week and show it to your Facilitator.
**Basic Words**
- on
- off
- payment
- the bill
- out of order
- dishwasher
- fixed
- broken
- refrigerator
- stove
- repairman
- doesn’t work
- doesn’t work

**Action Words**
- look
- fix
- turn on/off
- come

**Basic Phrases**
- I need your help.
- The stove is broken.
- Please turn it on.
- Please turn it off.

**Basic Dialogue**
- My stove is not working. Can you fix it?
  - Yes, I can.
  - How much will it cost?
    - It will cost fifty dollars.
  - When can you fix it?
    - I can fix it tomorrow.
  - Does it work now?
    - Yes, it does.

**Intermediate Phrases**
- The dishwasher is out of order.
- The refrigerator doesn’t work.
- Please come take a look.
- Please come today.

**Assignment**
- Label all your appliances at home and learn their names.
- We should always maintain our electrical appliances in good working condition.

**TIP:** Bring newspaper ads showing common household appliances. Quiz learners on the names of the appliances they see.
### Basic Words
- traffic light
- map
- lost
- straight
- near
- left
- north
- mile (or km.)
- far
- corner
- block
- right

### Action Words
- need
- go
- turn
- ask

### Basic Phrases
- I am lost. Can you help me?
- I need directions.
- I need directions to the post office.
- How do I get there?

### Intermediate Phrases
- Go straight.
- Go north for two blocks.
- Turn left on ________________.
- Turn right on ________________.

### Basic Dialogue
- Is there a post office nearby?
  - Yes, there is.
  - How do I get there?
  - Turn right at the traffic light.
  - The post office will be on your left.
- How far is it?
  - It is about 2 miles (or kms.).
- Thank you very much.

### Assignment
- · Ask someone for directions to their home.
- · Give someone directions to your home.
- · Find your home on a map of your city.

### TIP:
Help your learners gain confidence in asking for directions. Invite them to give you directions to their house from where you are.

©2002-2010 Daily Dose Learning Systems.

LEVEL 2
14. Sharing your Beliefs

**Basic Words**
- testimony
- Heavenly Father
- Jesus Christ
- Savior
- prophet
- church
- temple
- family
- together
- prayer
- scriptures
- true

**Basic Dialogue**
- I want to share my testimony.
- I believe that Jesus is our Savior.
- I believe that the scriptures are true.
- In the name of Jesus Christ, Amen.

**Basic Phrases**
- Do you believe in God?
  - Yes, I do.
- Do you believe in Jesus Christ?
  - Yes, he is my Savior.
- Do you believe the scriptures are true?
  - Yes, I know the scriptures are true.

**Intermediate Phrases**
- I know that Heavenly Father loves us.
- I know that we are children of God.
- I know that families can be together forever.
- I know that God answers our prayers.

**Action Words**
- share
- know
- answer
- believe

**Assignment**
- Read 10 minutes every day from the Bible or the Book of Mormon in English.
- Bear your testimony to a friend.
- Learn the first Article of Faith in English: "We believe in God, the Eternal Father, and in His Son Jesus Christ, and in the Holy Ghost."

**TIP:**
Bear your testimony to your learners. Speak slowly and use the words and phrases taught in this lesson. Invite some of the learners in your huddle to bear their testimony, even if they are not LDS.
Please bring a restaurant menu to the huddle, if possible. Role-play a typical restaurant scene with your learners.

**Basic Words**
- Action Words
  - drink
  - eat
  - order
  - would like

**Basic Phrases**
- I would like a lemonade.
- I would like a glass of water.
- I would like fish and chips.
- I would like a dessert.

**Intermediate Phrases**
- May I have a napkin, please?
- May I have a side of dressing?
- May I have the bill? (or tab)
- I need a few more minutes.

**Basic Dialogue**
- Hi, my name is ___ and I’ll be your server.
- Would you like something to drink?
  - Yes, I would like a lemonade, please.
  - Are you ready to order?
  - Yes, I would like the roast beef.
- Would you like anything for dessert?
  - No, thank you.
- Have a nice evening. Please come again!

**More Information**
- It is customary in the U.S. to tip a server 15%.
- In some countries a service charge is automatically added to the bill.
- We always say “please” and “thank you.”
16. Using Public Transit

**Basic Words**
- bus
- train
- ticket
- bus pass
- transfer ticket
- schedule
- downtown
- station
- stop
- last
- next
- fare ($2.00)

**Action Words**
- leave
- arrive
- ride
- get off/on

**Basic Phrases**
- I ride the bus.
- I ride the bus to work.
- I have a bus pass.
- I get off downtown.

**Intermediate Phrases**
- Does this bus go to the train station?
  - Yes, it does.
- How much is the fare?
  - The fare is $2.00.
- Where do I need to get off?
  - Get off at the next stop.

**Basic Dialogue**
- Does this bus go to the train station?
  - Yes, it does.
- How much is the fare?
  - The fare is $2.00.
- Where do I need to get off?
  - Get off at the next stop.

**More Information**
- We are courteous and considerate of other passengers.
- Thomas S. Monson taught: "We are surrounded by those in need of our attention... our support... our kindness, be they family members, friends, acquaintances, or strangers." ("What Have I Done for Someone Today?," Ensign, November 2009, 84-87)
17. At the Hair Salon

Basic Words
- haircut
- style
- color (or colour)
- top
- sides
- back
- short (er)
- long (er)
- scissors
- clippers
- inches (or cm.)

Action Words
- take off
- cut/trim
- need/needs
- I’d like

Basic Phrases
- I need a haircut.
- I need a color. (or colour)
- My son needs a haircut.
- My daughter needs a haircut.

Basic Dialogue
- What do you need today?
  My son needs a haircut.
  How much do you want to take off?
  This much off the sides, and this much off the top.
  Would you like the sides any shorter?
  Yes, I’d like the sides a little shorter.

Intermediate Phrases
- I just need a trim.
- I need a cut and a color.
- Please take off this much. (Show with fingers)
- Please cut off two inches (or cm.)

Assignment
- Pretend you are getting a haircut.
- Tell your Facilitator how you would like your hair to look.
- “When you are well groomed and modestly dressed, you invite the companionship of the Spirit and can exercise a good influence on those around you.” (For the Strength of Youth - page 15)

TIP:
Talk about your hair with the group. Point to parts of your hair and your learners’ hair as you demonstrate the words and the dialogue in this lesson.
18. At the Auto Parts Store

**Basic Words**
- oil
- oil filter
- fuel filter
- air filter
- spark plugs
- brake pads
- anti-freeze
- engine / motor
- 4 or 6 cylinder
- battery
- part
- light bulb

**TIP:** Bring in any of the items from the list of new words or an advertisement from an auto parts store. Talk about the importance of maintaining our car in good condition.

**Basic Phrases**
- I need to buy oil.
- I need to buy oil for my car.
- I need to buy 2 quarts (or liters).
- I need to find a light bulb.

**Basic Dialogue**
Hello. How can I help you?
I need an air filter for my car.
Ok. What kind of car do you drive?
I drive a 2001 Honda Civic.
What size is the engine?
It’s a 4 cylinder, 2 liter engine.
Anything else?
No, that’s all. Thank you.

**Intermediate Phrases**
- My car needs spark plugs.
- My car needs a new battery.
- My car has a four-cylinder engine.
- My car has an automatic transmission.

**Assignment**
- Practice speaking English at the Auto Parts store.
- We maintain our vehicles in good working order.
19. Talking about your Hobbies

**Basic Words**
- hobby
- singing
- music
- sports
- soccer
- swimming
- piano
- instrument
- Hymn Book
- guitar
- sewing
- dancing

**Action Words**
- play
- like
- read
- learn

**Basic Phrases**
- I play soccer.
- I play the piano.
- We like to sing.
- We like to dance.

**Intermediate Phrases**
- He likes to read.
- She likes to swim.
- My son is taking piano lessons.
- My daughter is taking violin lessons.

**Basic Dialogue**
- What are your hobbies?
- We like to sing and dance.
- What instruments do you play?
- My daughter plays the piano.
- What is your favorite sport?
- My favorite sport is soccer.
- Mine too!

**Assignment**
- Ask three different people what their hobbies are.
- Remember that Sunday is a day of rest.

**TIP:**
- Bring pictures of various recreational activities. Ask your learners about their favorite hobbies. Talk about the importance of participating in activities together as a family.
**Basic Words**
- Jesus Christ
- nativity
- birth
- tradition
- symbol
- carols

**Action Words**
- celebrate
- read
- sing
- decorate

**Basic Phrases**
- We celebrate Christmas.
- We celebrate the birth of Jesus.
- We read about the birth of Jesus.
- We sing Christmas carols.

**Intermediate Phrases**
- We decorate a Christmas tree.
- We visit our friends and neighbors.
- We have a family Christmas dinner.
- My favorite tradition is ________.

**Basic Dialogue**
- Do you celebrate Christmas?
  - Yes, I do.
  - Why do you celebrate Christmas?
  - We celebrate the birth of Jesus.
  - What are your Christmas traditions?
  - We read about the birth of Christ in Luke chapter 2. We also sing Christmas carols.

**Assignment**
- Hold a family discussion about the true meaning of Christmas.
- Talk about the things you learned in this lesson and share your feelings about Christmas with your family.

©2002-2010 Daily Dose Learning Systems. 1.800.672.8935
21. Family Night

Basic Words
- Monday
- night
- family
- cookies
- scriptures
- hymns

Action Words
- read
- sing
- have
- teach

Basic Phrases
- We have a family night once a week.
- We read the scriptures.
- We sing hymns.
- We play games.
- We have a lesson.

Basic Dialogue
- When is Family Home Evening?
  - It is on Monday night.
- What will we do?
  - We’ll have a lesson and play a game.
  - That will be fun!
- Will you make some cookies?
  - Sure. I’ll make some cookies right now.

Intermediate Phrases
- We learn about God.
- We have fun as a family.
- Family night strengthens families.
- Family night helps us teach our children.
- We call a family night “Family Home Evening.”

Assignment
- Hold Family Home Evening with your family.
- Read this quote from the First Presidency: “Monday nights are reserved throughout the Church for family home evenings. We encourage members to set aside this time to strengthen family ties and teach the gospel in their homes.” - The First Presidency (From a letter to members of the Church throughout the world, October 4, 1999)

TIP: Bring in scriptures, the Ensign, a hymnal, and give your learners ideas for holding a Family Home Evening.
22. Talking About School

**Basic Words**
- English
- Math
- Foreign Language
- Geography
- subject
- homework
- Science
- Physical Education
- History
- report card
- grades
- grade point average (G.P.A.)

**Action Words**
- study
- earn
- attend (go to)
- plan

**Basic Phrases**
- We study Math.
- We study English.
- We study Geography.
- We earn good grades.

**Intermediate Phrases**
- She goes to elementary school.
- She is learning about Science.
- He plans to attend college.
- I help my children with homework.

**Basic Dialogue**
- Where does your son go to school?
  - He goes to South Central.
- What is his favorite subject?
  - He likes Math.
- Does he plan to attend college?
  - Yes, he would like to attend Brigham Young University in Provo, Utah (U.S.A.).

**Assignment**
- Practice pronouncing the different subjects in English.
- Discuss the importance of education with your children.
- "The Lord wants you to educate your mind and improve your skills and abilities... Education is an investment that brings great rewards... Maintain an enthusiasm for learning throughout your life." (For the Strength of Youth - Page 9)
23. Talking to your Boss

Basic Words
- paycheck
- break
- punctual (on time)
- raise
- time clock
- overtime
- schedule
- this
- next
- vacation
- early
- lunch

TIP:
Help your learners feel confident in talking to their supervisor. Explain the importance of being punctual and of having good attendance at work.

Basic Phrases
- May I take a break?
- May I go to lunch?
- May I have my paycheck?
- May I have a raise?

Basic Dialogue
- When can I go to lunch?
  - You can go at 12:00 noon.
- Have you made the new schedule?
  - Not yet. I will post it tomorrow.
- I need to take next Friday off. Is that okay?
  - Yes, you may take next Friday off.

Intermediate Phrases
- I need some time off.
- I need to take Monday off.
- I need to get my paycheck.
- I will be on vacation for one week.
- What is my schedule next week?

Assignment
- Always ask for permission before taking a day off.
- Always let your supervisor know in advance if you need time off.
- President Gordon B. Hinckley taught: “You have an obligation. Be honest with your employer.” (Worldwide Leadership Training Meeting, June 21, 2003, 23)
24. Healthy Living

Basic Words
- balance
- diet
- food
- exercise
- vitamins
- unhealthy
- healthy
- sports
- tobacco
- alcohol
- coffee
- body
- health

TIP:
Help the group understand the concept of healthy food. Discuss the importance of regular exercise. Explain that in the Church we call principles of healthy living "The Word of Wisdom."

Basic Dialogues
- How do you stay healthy?
  I exercise regularly and eat a balanced diet.
- What is a balanced diet?
  I eat healthy food like vegetables, fruits, and grains. I avoid unhealthy food like coffee, alcohol, and tobacco.

Assignment
- Tell the group what you plan to do to stay healthy.
- In your prayers, thank Heavenly Father for your health.
- Read in English the Word of Wisdom, found in Doctrine and Covenants, Section 89.

Basic Phrases
- We eat healthy food.
- We drink a lot of water.
- We exercise regularly.
- We eat a balanced diet.

Intermediate Phrases
- Exercise is good for our bodies.
- Healthy food is good for our bodies.
- We thank our Heavenly Father for our health.
- Tobacco, alcohol and coffee are bad for our bodies.
25. Setting an Appointment

Basic Words
- last week
- this week
- next week
- yesterday
- today
- tomorrow
- morning
- afternoon
- evening
- appointment
- late
- early

Action Words
- arrive
- come
- make
- need

Basic Phrases
- I need an appointment.
- I can come tomorrow.
- I can come next week.
- I arrive 10 minutes early.

Basic Dialogue
- I need an appointment with the doctor.
  Will this appointment be for you?
  No, it’s for my daughter.
  What day can you come in?
  We can come in tomorrow.
  I have an 8:00 appointment available.
  8:00 is perfect.
  Ok, we’ll see you tomorrow at 8:00.

Intermediate Phrases
- I need to make an appointment with ___.
- I need to make an appointment for ___.
- I need an appointment in the morning.
- I need an appointment as soon as possible.

Assignment
- Practice asking for an appointment.
- Learn to say all the days of the week and the months of the year.

TIP: Bring a wall calendar and have your learners practice asking for an appointment on different days of the week.
26. Looking for a Job

**Basic Words**
- job
- job opening
- part-time
- full-time
- day shift
- evening shift

**Action Words**
- hire / hiring
- apply
- speak
- work

**Basic Phrases**
- Are you hiring?
- Where do I apply?
- May I have an application?
- May I speak with the manager?

**Intermediate Phrases**
- I can work full-time.
- I can work any shift.
- Here is my application.
- Here is my résumé.

**Basic Dialogue**
- Are you hiring?
- Yes, we are.
- Where do I apply?
- You can apply online or on that computer.
- When can I have an interview?
- We’ll call you for an interview.

**Assignment**
- Practice picking up an application from a local employer.
- Find out if your ward or branch has an Employment Specialist.

**TIP:**
Bring the Help Wanted section of the local newspaper. Have learners practice introducing themselves and asking for an application.
27. Interviewing for a Job

**Intermediate Phrases**
- I have experience.
- I can start right away.
- I can lift 30 pounds (14 Kg.).
- I prefer to work the day shift.

**Assignment**
- Practice interviewing with a friend or with your Facilitator.
- Always arrive 10-15 minutes early for a job interview.

**TIP:** Have learners role-play participating in a typical job interview. Help them feel comfortable with answering basic questions.

**Basic Words**
- interview
- hard worker
- punctual
- fast worker
- start-date
- pounds (Kg.)
- lift
- start
- prefer
- work
- manager
- supervisor
- evenings
- transportation

**Basic Phrases**
- I am here for an interview.
- I am a fast worker.
- I am a hard worker.
- I am very punctual.

**Basic Dialogue**
- I am here for an interview.
  - Great. Please sit down.
  - Do you have any experience?
    - Yes, I worked at _________ before.
  - Can you work evenings and Saturdays?
    - Yes, no problem.
  - When can you start?
    - I can start right away.

**Intermediate Phrases**
- I have experience.
- I can start right away.
- I can lift 30 pounds (14 Kg.).
- I prefer to work the day shift.

**Assignment**
- Practice interviewing with a friend or with your Facilitator.
- Always arrive 10-15 minutes early for a job interview.

**TIP:** Have learners role-play participating in a typical job interview. Help them feel comfortable with answering basic questions.
28. Visiting the Doctor

**Basic Words**
- nurse
- doctor (physician)
- pain
- worse
- better
- sick
- fever
- headaches
- medical history
- specialist
- prescription
- medication

**Action Words**
- I am
- I have
- I hurt
- I take

**Basic Phrases**
- I am sick.
- I don’t feel very well.
- I have a pain right here.
- I don’t take any medication.

**Intermediate Phrases**
- It has hurt for a week.
- It started hurting on Wednesday.
- It’s getting worse.
- It’s getting a little better.

**Basic Dialogue**
- What hurts?
  - My throat hurts.
- How long has it hurt?
  - It has hurt for a week.
- Do you have any other symptoms?
  - Yes, I have a fever.
- I will give you a prescription.

**Assignment**
- Learn the name of major body parts.
- Take good care of your health.
- Follow the Word of Wisdom, found in Doctrine and Covenants, Section 89.

TIP: Assign learners a particular illness or discomfort. Have them practice telling you where they hurt or what they are feeling.
29. Talking About Your Feelings

**Basic Words**
- happy
- upset
- sad
- tired
- sleepy
- nervous
- excited
- hungry
- angry
- thirsty
- confused
- anxious

**Action Words**
- I am
- I feel
- I’m going
- I hope

**Basic Phrases**
- I feel happy.
- I feel tired.
- I am sleepy.
- I am nervous.

**Intermediate Phrases**
- I am thirsty.
- I am a little hungry.
- I’m so happy!
- I’m so excited!

**Basic Dialogue**
- Well, you look happy today!
- I’m very happy.
- Why? What’s going on?
- I’m going home for the Holidays.
- Are you excited?
- Oh, yes. I’m very excited.

**Assignment**
- Practice telling three people this week how you feel.
- Ask three people this week about their feelings.

**TIP:** Write down different feelings on slips of paper. Have learners select a piece of paper and describe in English how they are feeling.
TIP: Bring a weather forecast from a local newspaper. Compare your climate to other parts of the world.

Basic Words
- sunny
- cloudy
- weather
- thunderstorm
- rainy
- windy
- freezing
- cold
- warm
- hot
- snow
- blizzard

Action Words
- It is (it’s)
- I feel
- I like
- going to be

Basic Phrases
- It’s sunny.
- It’s cloudy.
- It’s windy.
- It’s freezing!

Intermediate Phrases
- It’s going to be hot today.
- It’s going to be cloudy tomorrow.
- It’s going to be rainy next week.
- It’s going to be a beautiful, sunny day.

Basic Dialogue
- How’s the weather today?
  - It’s very cold.
- Is it going to rain?
  - It sure looks like it.
- Do you like this kind of weather?
  - Not too much. I like warm weather better.

Assignment
- Practice talking about the weather every day this week.
- Tell the group what kind of weather you prefer.
31. Inviting Someone to Your Home

Basic Words
- house
- home
- afternoon
- evening
- dinner
- dessert
- thanks
- fun
- party
- visit
- snack
- weekend

Action Words
- come over
- invite
- start
- bring

Basic Phrases
- We are having a party.
- We are having a barbecue.
- Please come for dinner.
- Please come for dessert.

Intermediate Phrases
- Would you like to come for dinner?
- Would you like to come for dessert?
- May I bring a friend?
- May I bring something to eat?

Basic Dialogue
- We are having a party tomorrow. Would you like to come?
  - I would love to come to your party. What time does it start?
  - It starts at 6:00. Where will it be?
  - It will be at my house.

Assignment
- Practice inviting someone over to your home.
- Carl B. Pratt of the Seventy taught: “We have the fulness of the gospel of Jesus Christ. We ought to be the most open, friendly, happy, kind, considerate, thoughtful, loving people in the whole world.” (“Care for New Converts,” Ensign, Nov. 1997)

TIP: Have learners practice inviting someone to their home. Explain that in the United States and some other countries people typically arrive on time for social events or personal visits.

LEVEL 3
32. Attending Church

**Basic Words**
- bishop
- counselor
- missionaries
- Priesthood (for men, 12 and over)
- Sunday School (for everyone, 12 and over)
- Relief Society (for women, 18 and over)
- chapel
- ward/branch
- Sacrament meeting (for everyone)
- Primary (for children, ages 3 to 11)
- home teachers (men)
- visiting teachers (women)

**Basic Phrases**
- We go to Church every Sunday.
- Sacrament Meeting starts at ____.
- Sunday School starts at ____.
- Priesthood and Relief Society start at ____.

**Basic Dialogue**
- Would you like to come to Church with us?
  - At what time are your meetings?
  - Sacrament Meeting starts at _______.
  - May I bring my children?
  - Of course. We have Primary for children.
  - Yes, I would like to come. Thank you.

**Intermediate Phrases**
- We have home teachers.
- We have visiting teachers.
- Our children go to Primary.
- I belong to The Church of Jesus Christ of Latter-day Saints.

**Assignment**
- Tell the group where you go to Church.
- Practice inviting someone to attend Church with you.

**TIP:** Invite the missionaries to one of the sessions this week. Have them explain the meeting schedule for the local ward or branch. If friends of other faiths are in your huddle, ask them to which church they belong. Help them feel comfortable.
Bring a car magazine or the classified section of your local newspaper. Help your learners understand how cars for sale are listed in your area.

**33. Buying a Car**

**Basic Words**
- new
- used
- car / vehicle
- domestic
- import
- good condition

**Action Words**
- looking for
- test drive
- check
- buy/purchase

**Basic Phrases**
- I’m looking for a car.
- I’m looking for a used car.
- I’m looking for a small car.
- May I drive it?

**Intermediate Phrases**
- It needs to be fuel efficient.
- It needs to be in good condition.
- It needs to have low miles (Km.).
- I need to have it checked by a mechanic.

**Basic Dialogue**
- How much is this car?
  - The price is ____________.
- How many miles (Km.) does it have?
  - About sixty thousand miles (Km.).
- Is it in good condition?
  - Yes, it runs great.

**More Information**
- When buying a used car, consider having it checked by a mechanic.
- Be sure to obtain a vehicle title or proof of ownership from the seller.
- Buying expensive cars on credit is not a good idea.
34. Offering to Help

**Basic Words**
- load
- friend
- neighbor
- box
- heavy
- light
- happy
- smile
- this
- that
- here
- there

**Action Words**
- help
- offer
- call me
- move

**Basic Phrases**
- I help my friends.
- I help my neighbors.
- I help my neighbors move.
- Would you like some help?

**Intermediate Phrases**
- Call me if you need me.
- I am always happy to help.
- What would you like me to do?
- Would you like some help moving?

**Basic Dialogue**
- Would you like some help?
- That would be great.
- What would you like me to do?
- Could you please move those boxes?
- Sure. Where should I put them?
- In the back of the truck. Thank you.
- No problem. I’m always happy to help.

**Assignment**
- We offer to help others.
- We say “thank you” when someone helps us.
- The Book of Mormon teaches us that “when ye are in the service of your fellow beings ye are only in the service of your God.” (Mosiah 2:17, page 148)

**TIP:** Explain the importance of service and helping others. Describe some of the typical service projects organized in your wards and branches.
35. Meeting Your Child’s Teacher

**Basic Words**
- kindergarten
- first grade (1st)
- second grade (2nd)
- third grade (3rd)
- student
- report card

**Action Words**
- speak
- meet
- behaving
- study

**Basic Phrases**
- I am Ricardo’s mother (or father).
- I need to speak with my son’s teacher.
- Is Mrs. Anderson available?
- When can we meet?

**Intermediate Phrases**
- Is he behaving in class?
- Is he studying enough?
- Is he missing any assignments?
- How can I help my son do better?

**Basic Dialogue**
- Are you Mrs. Anderson, the third grade teacher?
  - Yes, I am.
- Is my son in your class?
  - Yes, he is.
- Do you have a few minutes to talk?
  - Yes, I’ll be right with you.

**Assignment**
- Talk to your child’s teacher often to make sure he or she is doing well in school.
- Share this quote with your children:
  “You need all the education you can get... Be smart. Prepare. Be a good student in school... Prepare and school yourself for what lies ahead. Educate your minds and hands, whatever your interests or your chosen field.”
  (Gordon B. Hinckley, Way to Be!, 25-31)
I need to deposit this check.
I need to withdraw some cash.
I need to order more checks.
I need my balance, please.

I need to cash this check.
I need to pay this bill.
I need to open a checking account.
I need help with the ATM.
I forgot my PIN.

When you pay with a credit card, you get charged high interest rates on the unpaid balance.
Gordon B. Hinckley taught: “I urge you to be modest in your expenditures; discipline yourselves in your purchases to avoid debt to the extent possible. Pay off debt as quickly as you can, and free yourselves from bondage.”
(To the Boys and to the Men, Ensign, Nov. 1998, 53-54)
37. Going to the Pharmacy

**Basic Words**
- medicine
- antibiotics
- bottle
- prescription
- pills
- refill
- insurance card
- pharmacist
- full
- empty
- hours
- over-the-counter

**Action Words**
- drop off
- pick up
- need
- take

**Basic Phrases**
- I need to drop off a prescription.
- I need to pick up a prescription.
- I need a refill of this prescription.
- Here is my insurance card.

**Basic Dialogue**
- I need to pick up a prescription.
  - What is your name?
  - My name is _______________.
  - Here are your antibiotics.
  - Take one a pill a day for five days with food. Do you have any questions?
  - No, that’s all. Thank you.

**Intermediate Phrases**
- Take two pills every four hours.
- Take this medication twice a day.
- Take this medication with food.
- Take the medication until it is gone.

**More Information**
- Make sure you understand and follow the directions a pharmacist gives you for each medication.
- Do not share prescriptions with other people.
- Keep your medications away from children.
- Discard (throw away) expired medications.

**TIP:**
- Show your learners where the directions are found.
- Teach them to follow the directions for each medication they use.
38. Talking About Computers

**Basic Words**
- disk drive
- printer
- power button
- computer (CPU)
- CD or DVD
- flash drive

**Action Words**
- use
- has
- save
- print

**Basic Phrases**
- I use a computer at work.
- It has a mouse.
- It has a CD/DVD drive.
- It has a printer.

**Intermediate Phrases**
- I use a word processor.
- I save my work on the computer.
- I save my work on a flash drive.
- I print my work.

**Basic Dialogue**
- May I use this computer?
  - Yes, you may.
- May I print from this computer?
  - No, the printer is out of ink.
- Does this computer have internet?
  - Yes, it does. (or) No, it doesn’t.

**Assignment**
- Label the parts of your computer in English.
- Practice talking about the physical parts of the computer in English.

**TIP:** Bring advertisements for computers and computer accessories. Use variations of the Basic Words, such as click, double click, right click, left click, etc.
39. Using the Internet

**Basic Words**
- web/internet
- menu
- e-mail
- forward
- website/page
- link
- back
- browser
- refresh
- stop
- home page
- address (URL)

**Basic Phrases**
- I open the web browser.
- I go to my home page.
- I enter the URL (or address).
- I read my email.

**Basic Dialogue**
- What do you use the internet for?
  - I use the internet for email.
- What are you searching for?
  - I am searching for my family history.
- What website are you using?
  - I use www.familysearch.org.

**Intermediate Phrases**
- I search the internet.
- I click on the link.
- I search for good information.
- I close the web browser when I’m done.

**Assignment**
- Put the computer in a common area of your home, such as the family room or living room.
- Teach your children to use the Internet for good purposes only.

**TIP:**
Emphasize the importance of using the Internet for good purposes only and to avoid bad websites. Discuss other uses of the internet and practice those in the Dialogue.
TIP: Have your learners repeat the names of the different books within the Book of Mormon. Assist them with their pronunciation. Show them how to find a specific scripture in the Book of Mormon.

Basic Words
- page
- index
- book
- chapter
- verse
- scripture

Highlighter
- topic
- footnotes
- everyday
- journal

Basic Phrases
- I study the scriptures.
- I study the scriptures every day.
- We study the scriptures as a family.
- We study different gospel topics.

Basic Dialogue
- Do you study the scriptures?
  - Yes, I do.
- Where are you reading right now?
  - I’m reading in the Book of Mormon.
- Which chapter are you reading?
  - I’m reading the visit of Jesus Christ to the Americas in Third Nephi, chapter 11.

Intermediate Phrases
- I pray about the scriptures.
- I ponder about the scriptures.
- I highlight (or mark) special verses.
- I write what I learn in my journal.

Assignment
- Read the scriptures in English with your family every day this week.
- Ezra Taft Benson taught: “The scriptures should be studied in the home with father and mother taking the lead and setting the example.” (“Seek the Spirit of the Lord,” Ensign. April 1988)
Intermediate Phrases

What is the interest rate?
How long is the term?
When is the payment date?
What are the fees?

Basic Dialogue

I need to apply for a loan.
What kind of loan do you need?
I need a home loan.
Let me help you with the application.
What is the interest rate on this loan?
The interest rate is ____%.

Assignment

• Elder Joseph B. Wirthlin, April, 2004 General Conference: “Some debt—such as for a modest home, expenses for education, perhaps for a needed first car—may be necessary. But never should we enter into financial bondage through consumer debt without carefully weighing the costs.”
**Intermediate Phrases**

I will be late today.
I am sick. I cannot work today.
I'm having car problems.
I will arrive in a few minutes.

**Assignment**

- Call your supervisor if you will be late to work.
- Call your Facilitator if you cannot come to class.

**TIP:** Give learners different scenarios (traffic, illness, meeting at school, doctor’s appointment, car problems, flat tire, etc.). Have them practice the telephone dialogue using the different scenarios.

**Basic Dialogue**

Hello, may I help you?
Hello. May I please speak to John?
This is John.
Hi John, this is ________.
I will be a few minutes late today.
My car has a flat tire.
Okay, good luck. Thanks for letting me know.
43. At the Airport

**Basic Words**
- gate
- suitcase
- luggage
- flight
- terminal
- carry-on
- bag
- airplane
- airline
- arrivals
- departures
- boarding pass
- identification (ID)

**Action Words**
- fly
- check
- depart
- arrive

**Basic Phrases**
- I am flying to New York City.
- I am checking two bags.
- Where is gate C15?
- Where do I pick up my luggage?

**Basic Dialogue**
- Where are you flying today?
  - I am flying to New York City.
- May I see some identification (ID)?
  - Sure. Here is my ID.
- Are you checking any luggage?
  - Yes, I am checking two bags.
- Here are your boarding passes.

**Intermediate Phrases**
- Is flight 1286 arriving on time?
- Is flight 1286 departing on time?
- Our flight arrives at _______ (time).
- Our flight departs at _______ (time).

**More Information**
- There are certain things you cannot carry onboard an airplane, such as knives, scissors, tools, and certain liquids. Check with your airline prior to your flight.

**TIP:** Role play an airport scene with your learners, acting as the person behind the counter. Help them feel confident in communicating in English at the airport.
44. Being Punctual

Basic Words:
- work
- church
- early
- on time
- late
- meeting
- clock
- time
- o’clock (3:00)
- morning
- afternoon
- night

Action Words:
- arrive
- start
- end
- leave

Basic Phrases:
- We arrive early to church.
- We arrive early to work.
- We arrive early to meetings.
- We arrive early to appointments.

Intermediate Phrases:
- What time does the meeting start?
- What time does the meeting end?
- What time should we leave?
- We should leave soon.

Basic Dialogue:
- What time does church start tomorrow?
  - It starts at 9 o’clock in the morning.
- May I have a ride?
  - Yes, of course.
- What time should we leave?
  - We should leave at 8:15.
  - Ok, I will see you at 8:15.

Assignment:
- Be on time to all of your activities this week.
- It is important to arrive early for work and church.

TIP:
Emphasize the importance of being on time to meetings, appointments, and all other commitments. Teach them that it’s “not ok” to arrive late to church or work.
Have learners take turns being the dispatcher and the person calling with an emergency. Give them different emergency situations to use.

**Basic Words**
- Fire Department
- Police
- Paramedic
- Ambulance
- CPR
- (un)conscious
- fire
- emergency
- burglary
- calm
- location
- accident

**Basic Dialogue**
911. What is your emergency?
I am reporting a car accident.
Where is the accident?
It's at __________________.
Is anybody hurt?
Yes, two people are hurt.
Stay calm. An ambulance is on its way.

**Intermediate Phrases**
- I am reporting a fire.
- I am reporting an emergency.
- I am reporting a burglary.
- The person is not breathing.

**More Information**
- Call 911 only in case of a real emergency.
- Stay calm and stay on the phone while you are reporting the emergency.
46. At the Dentist’s Office

**Basic Words**
- tooth/teeth
- gums
- toothpaste
- dentist
- shot
- mouth
- x-ray
- check-up
- floss
- cleaning
- filling
- cavity

**Action Words**
- brush
- open
- close
- bite

**Basic Phrases**
- I brush my teeth every day.
- I floss my teeth every day.
- Open your mouth wide.
- Close your mouth.

**Intermediate Phrases**
- This tooth hurts.
- Bite down on this.
- You have two cavities.
- You need two fillings.

**Basic Dialogue**
- What are we doing today?
  - This tooth hurts.
  - Open wide please.
  - Okay.
  - You have a cavity.
  - We’ll need to do an x-ray and schedule a filling.

**Assignment**
- We brush and floss our teeth daily.
- We see a dentist once a year.
- We take good care of our teeth.

**TIP:** Bring a toothbrush, toothpaste, and floss to the huddle. Emphasize the importance of brushing and flossing our teeth daily.
Explain that in an eye exam, they are asked to read lines on a chart. Practice the pronunciation of the letters on the chart.

**Basic Words**
- chart
- letters
- contacts
- glasses
- lenses
- worse
- eyesight
- blurry
- clear
- vision
- same
- better

**Action Words**
- need
- cover
- look
- read

**Basic Phrases**
- I need glasses.
- I need contact lenses.
- I need an eye exam.
- I need a prescription for glasses.

**Basic Dialogue**
- Cover your right eye.
- Look at the chart on the wall.
- Read the letters on the second row. K, D, V, R and ?
- Can you read the line below that?
  - No, I can’t.
  - Which lens is better? 1 or 2? A or B?

**Intermediate Phrases**
- Cover your left eye.
- Cover your right eye.
- Read the chart on the wall.
- Which lens is better? 1 or 2? A or B?

**More Information**
- It is recommended that you have your eyes checked once a year.
1. Begin the session by singing "Love at Home." At the end of the week you may wish to have the learners identify the words in the hymn that they have learned.

**Basic Words**
- children
- good example
- good choices
- good friends
- honest
- service
- youth
- parents
- gospel
- love
- modesty
- helpful

**Basic Dialogue**
You have such great children.
Thank you.
What do you teach them?
I teach them to make good choices.
I do too. What else do you do?
I teach them the gospel, I tell them that I love them, and I set a good example for them.

**Intermediate Phrases**
We set a good example for our children. 
We help our children make good choices. 
We teach our children to keep the commandments. 
We encourage our children to have good friends.

**Assignment**
"Parents have a sacred duty to rear their children in love and righteousness, to provide for their physical and spiritual needs, to teach them to love and serve one another, to observe the commandments of God and to be law-abiding citizens wherever they live." (The Family: A Proclamation to the World).