Volunteer Opportunities:

Utah Valley Regional Medical Center:

Name: Cheryl Call or Christy Lawson

Contact at: cheryl.call@imail.org or christy.lawson@imail.org

- Volunteer within many fields in the hospital (ex. Cancer Resource Center & ER). A minimum of 2 hours per week is required and space is limited.
  - Apply now with link below. It is very similar to a job application—they need references, resumes, etc. Call them at 801-357-2647 one day after submitting your application and schedule an interview with them. After your interview you will need to go through online training, in class training, and immunizations…. It usually takes about a month to get volunteering.


Meals on Wheels:

Name: Stephanie Benson

Contact at: sbenson@mountainland.org

- A national program where volunteers deliver lunches to homebound patients. Each volunteer is usually given a list of houses to visit and signs up for a day of the week to go on their route. Each route takes about 45 minutes to an hour to complete (ask about the BYU route, you pick up from campus).


Welcome Baby:

Name: Stephanie Andersen

Contact at: StephanieA@unitedwayuc.org

- This is an opportunity to teach a course on child development to new mothers and their babies in their homes. Each volunteer will receive a couple families to visit on a monthly
basis. Meaning a volunteer should expect to spend around 5 hours a month volunteering. The great thing with this program is that the hours are very flexible. Each volunteer decides how many families he/she wants to visit, and works directly with the family to schedule times where everyone is available. Since you will be teaching a course, continuity is important and the program has asked for a minimum 6-month commitment. More info at http://www.welcomebabyuc.org/node/14.

**Utah State Hospital:**

Name: Dr. Lloyd

Contact at: tqlloyd@utah.gov

- We are looking for students who can act as mentors for residents of the hospital, aged between 6 and 18. These kids need someone who can be there for them on a consistent basis to simply spend time with them and be a good influence. We need volunteers who can offer about an hour a week for 6-9 months (as close to 9 months as possible). Some training is required, but it’s provided by the hospital free of charge. The need for volunteers varies month to month so email Dr. Lloyd (the psychologist who arranged for this mentorship) at tqlloyd@utah.gov to find out the current need for volunteers.

**2 Ft. Prosthetics:**

Name: Josh Newton

Contact at: (818)-419-7322

- 2ft Prosthetics is trying to develop cheap prosthetic legs for amputees in third world countries. Help is needed in designing the leg, testing the leg on local volunteer amputees, fundraising, building the legs, etc. No previous experience is needed! Looking for long-term volunteers. Includes opportunities to travel to foreign location. We meet every Thursday @ 6pm in the 256 CB (the engineering building). More info at www.2ftprosthetics.org.